

Pecos ISD August 2018

<p>Note: We serve a variety of milk for breakfast and lunch. Students may select low-fat 1% white milk, or flavored nonfat milk.</p>	<p>Note: Menus are subject to change due to product availability.</p>			
<p>Mon. Aug, 13 Whole Grain French Toast w/ Syrup,Fruit & Milk. Pepperoni Pizza, Spinach Salad w/ Cucumber & Tomato, Fruit, Milk</p>	<p>Tues. Aug.14 Yogurt , Variety Cereal, Fruit & Milk Frito Pie with Ground Beef & Pinto Beans. Red Chili. Celery. Fresh Fruit & Milk.</p>	<p>Wed. Aug.15 Fruit Muffin,Fruit & Milk Sliced Ham and Cheese on Whole Grain Bun, Lettuce & Tomato. Pickle Spear, Orange Halve & Milk.</p>	<p>Thur. Aug 16 Scrambled Eggs,Hash Browns,Toast,Fruit & Milk Chicken Tenders,Mashed Potatoes,Gravy, w/w Roll,Green Beans,Fruit & Milk</p>	<p>Fri. Aug.17 HS./MS.Peanut Butter & Jelly Elm. Toast w/ Jelly,Fruit & Milk Hot Dogs,Baked Beans,Tater Tots,Cookie, Fruit & Milk</p>
<p>Mon. Aug, 20 Biscuits and Gravy. Fresh Fruit, Milk HS. Cereal Nachos w/ Meat, Garnish, Muffin,Jello w/ Fruit & Milk</p>	<p>Tues. Aug. 21 Egg & Cheese Quesadilla. Salsa. Fruit & Milk Spaghetti w/ Meat Sauce,Garlic Bread, Toss Salad w/ Dressing,Fruit & Milk</p>	<p>Wed. Aug,22 Whole Grain Pancakes w/ Syrup. Orange Halves. Tortilla burger with lettuce and tomato. French Fries. Cheese slice. Pickle spear. Fruit.</p>	<p>Thur. Aug.23 Granola Bar,Yogurt w/ Fruit, Juice, Milk Grilled Cheese Sandwich. Tater Tots, Pickle Spear. Fresh Fruit, Milk.</p>	<p>Fri. Aug. 24 Breakfast Pizza, Fruit, Milk HS, Cereal Corn Dogs, Baked Beans, Tater Tots , Fruit, Milk</p>
<p>Mon,Aug 27 Pancake on a Stick,Cereal, Fruit & Milk. Turkey & Cheese Sub, Veggie Sticks w/ dressing,Sunchips, Corn, Fruit & Milk.</p>	<p>Tues. Aug, 28 Sausage and Egg. Whole Grain Biscuit. Hash Browns. Fruit & Milk Cheeseburger, W/W Bun, Lettuce, Tomato, Onion,Fries ,Fruit & Milk</p>	<p>Wed. Aug, 29 Cheese Toast,Oatmeal,Fruit & Milk Chicken Tacos, Salsa, Lettuce, Tomato, Spanish Rice, Carrot Sticks, Fruit</p>	<p>Thur.Aug.30 Whole Grain French Toast w/syrup,Fruit & Milk. . Salisbury Steak,Steamed Rice,Gravy w/w Roll,Green Beans, Fruit & Milk</p>	<p>Fri. Aug.31 Cinnamon Roll,Cereal,Juice & Milk. Green Chili Chicken Enchiladas, Lettuce, Tomato, Pinto Beans, Orange Halves.Tortilla & Milk</p>