

Pecos Independent Schools

Breakfast and Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Parents and community are invited to Thanksgiving Lunch on Wednesday, November 14, 2018 at Pecos Middle and High School and on Thursday, November 15, 2018 at Pecos Elementary Please purchase your lunch ticket at the school office.</i></p> <p><i>Tickets are \$5.00</i></p>			<p>1 <u>Breakfast:</u> Cheese quesadilla, salsa, fruit & milk <u>Lunch:</u> BBQ pork sandwich, macaroni salad, cucumber, carrots, fruit & milk</p>	<p>2 <u>Breakfast:</u> Oatmeal w/raisins, w/w cinnamon toast, fruit & milk <u>Lunch:</u> Papas con carne burrito, red chile sauce, celery sticks, cookie, fruit & milk</p>
<p>5 <u>Breakfast:</u> Breakfast pizza, cereal, fruit & milk <u>Lunch:</u> Chili cheese fries, w/w roll, green beans, fruit & milk</p>	<p>6 <u>Breakfast:</u> Ham & egg breakfast bar, hash browns, juice & milk <u>Lunch:</u> Beef tacos, salsa, lettuce, tomato, rice, carrots, fruit & milk</p>	<p>7 <u>Breakfast:</u> Cinnamon Roll, fruit & milk MS/HS: Cereal <u>Lunch:</u> Barbeque chicken, w/w roll, steamed broccoli, carrot sticks, fruit & milk</p>	<p>8 <u>Breakfast:</u> Banana bread, cereal, fruit & milk <u>Lunch:</u> Pepperoni pizza, spinach salad, cucumber, tomato, cookie, fruit & milk</p>	<p>9 <u>Breakfast:</u> Sweet rice, muffin, fruit & milk <u>Lunch:</u> Red chili enchiladas w/meat, lettuce, spinach, tomato, pinto beans, w/w tortilla, fruit & milk</p>
<p>12 Veteran's Day Holiday No School</p> 	<p>13 <u>Breakfast:</u> Bagel w/cream cheese, cereal, juice & milk <u>Lunch:</u> Hot Dogs, w/w bun, baked beans, carrots, cookie, fruit & milk</p>	<p>14 <u>Breakfast:</u> Assorted cereal, toast, fruit and milk <u>Elem Lunch:</u> Ham & cheese sandwich, romaine lettuce, tomato, fruit & milk <u>Middle & High Thanksgiving Lunch:</u> Roasted turkey, mashed potatoes, w/w roll, green beans, cranberry sauce, pumpkin pie & milk</p>	<p>15 <u>Breakfast:</u> Nutrigrain bar, cereal, fruit & milk <u>HS Lunch:</u> Ham & cheese sandwich, romaine lettuce, tomato, w/w sugar cookie, fruit & milk <u>Elem. Thanksgiving Lunch:</u> Roasted turkey, mashed potatoes, w/w roll, green beans, cranberry sauce, pumpkin cake & milk</p>	<p>16 <u>Breakfast:</u> Egg & cheese omelet, hash browns, w/w tortilla, fruit & milk <u>Lunch:</u> Spaghetti w/meat sauce, green peas and carrots, bread sticks, fruit & milk</p>
19	20	21	22	23
<p>Thanksgiving Break – No School November 19 – 23. Classes resume Monday, November 26, 2018</p> 				
<p>26 <u>Breakfast:</u> Trix bar, cereal, fruit & milk <u>Lunch:</u> Frito pie, pinto beans, romaine lettuce salad w/tomato, w/w roll muffin, fruit & milk</p>	<p>27 <u>Breakfast:</u> Sausage & egg biscuit, hash browns, fruit & milk <u>Lunch:</u> Chicken & cheese quesadilla, salsa, mexicali corn, fruit & milk</p>	<p>28 <u>Breakfast:</u> Yogurt w/ Granola and Fruit & Milk MS/HS: Cereal <u>Lunch:</u> Cheeseburger, w/w bun, lettuce, tomato, onion, sweet potato tots, fruit & milk</p>	<p>29 <u>Breakfast:</u> Loaf apple crisp, juice & milk HS: Cereal <u>Lunch:</u> Chicken nuggets, mashed potatoes, gravy, w/w roll, mixed veggies, red bell peppers, fruit & milk</p>	<p>30 <u>Breakfast:</u> Breakfast burrito, salsa, fruit & milk <u>Lunch:</u> Meat/Bean/Cheese Tostadas, salsa, lettuce, tomato, w/w corn chips, fruit & milk</p>

In accordance with federal law and U.S.D.A policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

We serve milk daily for breakfast and lunch. Students may select low-fat 1% white milk or flavored nonfat milk.

Middle and High School Salad Bar is offered daily. Students may select both the hot meal and the salad bar. Salad Bar will not be available the day of the Thanksgiving Meal.

Menus are subject to change based on product availability.