

# Pecos Independent Schools

## Breakfast and Lunch Menu



2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p><b>Breakfast:</b> Waffles w/syrup, fruit &amp; milk MS/HS: Cereal</p> <p><b>Lunch:</b> Frito taco salad, pinto beans, carrot sticks, muffin, fruit &amp; milk</p>	<p><b>4</b></p> <p><b>Breakfast:</b> Yogurt w/granola, fruit &amp; milk MS/HS: Cereal</p> <p><b>Lunch:</b> Ravioli w/meat sauce, mixed veggies w/red bell pepper, w/w roll, fruit &amp; milk</p>	<p><b>5</b></p> <p><b>Breakfast:</b> English muffin w/egg and cheese, fruit &amp; milk HS: Cereal</p> <p><b>Lunch:</b> Sloppy Joe, macaroni salad, carrot sticks, fruit &amp; milk</p>	<p><b>6</b></p> <p><b>Breakfast:</b> Toast w/jelly, cereal, juice &amp; milk</p> <p><b>Lunch:</b> Grilled cheese sandwich on w/w bread, tomato soup, celery sticks, fruit &amp; milk</p>	<p><b>7</b></p> <p><b>Breakfast:</b> Potato &amp; egg burrito, salsa, fruit &amp; milk</p> <p><b>Lunch:</b> Pork roast, buttered potatoes, green salad w/tomato and cucumber, w/w roll, fruit &amp; milk</p>
<p><b>10</b></p> <p><b>Breakfast:</b> Sausage patty on w/w bun, fruit &amp; milk</p> <p><b>Lunch:</b> Pork chop, mashed potatoes, gravy, green beans, carrot sticks, w/w roll, fruit &amp; milk</p>	<p><b>11</b></p> <p><b>Breakfast:</b> W/W French toast sticks w/syrup, fruit &amp; milk HS: Cereal</p> <p><b>Lunch:</b> Chicken fritters, mac and cheese, broccoli, w/w roll, fruit &amp; milk</p>	<p><b>12</b></p> <p><b>Breakfast:</b> Whole grain breakfast pizza, fruit &amp; milk MS/HS: Cereal</p> <p><b>Lunch:</b> Beef tacos, salsa, lettuce &amp; tomato, pinto beans, fruit &amp; milk</p>	<p><b>13</b></p> <p><b>Breakfast:</b> Ham and cheese biscuit, cereal, fruit &amp; milk</p> <p><b>Lunch:</b> Cheeseburger, w/w bun, lettuce, tomato, onion, sweet potato tots, fruit &amp; milk</p>	<p><b>14</b></p> <p><b>Breakfast:</b> Cinnamon roll, fruit &amp; milk MS/HS: Cereal</p> <p><b>Lunch:</b> Salisbury steak w/gravy, steamed rice, peas &amp; carrots, w/w roll, fruit &amp; milk</p>
<p><b>17</b></p> <p><b>Breakfast:</b> Bagel w/cream cheese, juice &amp; milk MS/HS: Cereal</p> <p><b>Lunch:</b> Pepperoni pizza, spinach salad, cucumber, tomato, cookie, fruit &amp; milk</p>	<p><b>18</b></p> <p><b>Breakfast:</b> Sausage pancake on a stick, syrup, fruit &amp; milk</p> <p><b>Lunch:</b> Chicken fajitas w/red &amp; green bell pepper, tortilla, rice, salsa, w/w chips, fruit &amp; milk</p>	<p><b>19</b></p> <p><b>Breakfast:</b> Breakfast cake, cereal, fruit &amp; milk MS/HS: Boiled egg</p> <p><b>Traditional Holiday Lunch:</b> Posole w/pork tamale, red chile sauce, w/w tortilla, biscochitos, fruit &amp; milk</p>	<p><b>20</b></p> <p><b>Breakfast:</b> Granola bar, cereal, fruit &amp; milk</p> <p><b>Lunch:</b> Corn dog, baked beans, celery &amp; cucumber, gingerbread, fruit &amp; milk</p>	<p><b>21</b></p> <div style="text-align: center;"> <p>WINTER BREAK NO SCHOOL!</p> </div>
<p><b>24</b></p>	<p><b>25</b></p> <div style="text-align: center;"> <p>Happy Holidays</p> </div>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>
<p><b>31</b></p>	<p><b>1</b></p> <div style="text-align: center;"> <p>Happy New Year!</p> </div>	<p><b>2</b></p>	<p><b>Winter Break - December 21 to January 4</b></p> <p>Elementary Parent/Teacher Conferences January 7, 2019</p> <p>Elementary Classes Resume January 8, 2019</p> <p>Middle &amp; High School Classes Resume January 7, 2019</p>	

Salad Bar is offered daily to Middle and High School. Students may select both the hot meal and the salad bar.



In accordance with federal law and U.S.D.A policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

We serve milk daily for breakfast and lunch. Students may select low-fat 1% white milk or flavored nonfat milk.



Menus are subject to change based on product availability