

Pecos Independent Schools

Breakfast and Lunch Menu

March 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Breakfast: Ham, w/w toast, fruit & milk ELEM: Green eggs MS/HS: Scrambled eggs Lunch: Sloppy Joes on w/w roll, tater tots, carrot sticks, fruit & milk</p> 	<p>3 Breakfast: Granola bar, fruit smoothie & milk Lunch: Baked chicken, potatoes, vegetable, w/w roll, fruit & milk</p>	<p>4 Breakfast: Whole grain waffles w/syrup, fruit & milk MS/HS: Cereal Lunch: Frito pie w/ground beef, red chile, pinto beans, cheese, lettuce & tomato, graham crackers, fruit & milk</p>	<p>5 Breakfast: Assorted cereal, toast, fruit & milk Lunch: Turkey and cheese sandwich on w/w bun, w/lettuce, tomato, tortilla chips and salsa, fruit & milk</p>	<p>6 Breakfast: Cinnamon roll, cheese stick, fruit & milk MS/HS: Cereal Lunch: Cheese pizza, spinach salad w/tomato, w/w cookie, fruit & milk</p>
<p>9 Spring Break March 09 - 13</p>	<p>10 11 12 SPRING BREAK!</p>			<p>13 Classes Resume Monday, March 16, 2020</p>
<p>16 Breakfast: Egg, ham & cheese breakfast bar, fruit & milk MS/HS: Cereal Lunch: Tortilla burger w/cheese, lettuce and tomato, fries, fruit & milk</p> 	<p>17 Breakfast: Assorted cereal, toast, fruit & milk MS/HS Uncrustable Lunch: Spaghetti w/meat sauce, green beans, w/w garlic bread, fruit & milk</p>	<p>18 Breakfast: Sausage biscuit, hash brown, fruit & milk Lunch: Ground beef tacos w/cheese, lettuce, tomato, salsa, Mexicali corn, fruit & milk</p>	<p>19 Breakfast: Egg & cheese quesadilla, salsa, fruit & milk Lunch: Pork roast, potatoes, tossed green salad w/tomatoes, w/w roll, fruit & milk</p>	<p>20 Parent-Teacher CONFERENCES</p> 
<p>23 Breakfast: Trix bar, apple sauce, juice & milk, MS/HS: Cereal Lunch: Red chile enchiladas, pinto beans, lettuce & tomato, tortilla, fruit & milk</p>	<p>24 Breakfast: Breakfast burrito, salsa, fruit & milk Lunch: Pork chop, broccoli, cheese casserole w/rice, w/w roll, fruit & milk</p>	<p>25 Breakfast: Whole grain muffin, yogurt, fruit & milk MS/HS: Cereal Lunch: Fry bread taco w/pinto beans and red chile, lettuce, tomato, carrot sticks, fruit & milk</p>	<p>26 Breakfast: Whole grain pancakes, syrup, fruit & milk Lunch: Chicken nuggets, fries, green salad w/tomato, w/w roll, fruit & milk</p>	<p>27 Breakfast: Cheese toast, juice, fruit & milk MS/HS: Cereal Lunch: Bean & cheese burrito, salsa, mixed green salad, w/w cookie, fruit & milk</p>
<p>30 Breakfast: Assorted cereal, toast, fruit & milk Lunch: Chicken fajita w/red & green bell pepper on tortilla, salsa, Spanish rice, fruit & milk</p>	<p>31 Breakfast: Cereal bar, cheese stick, fruit & milk Lunch: Corn dog, baked beans, carrot & cucumber sticks, fruit & milk</p>	<p>Salad Bar is offered daily to Middle and High School. Students may select both the hot meal and the salad bar.</p>	<p>Menu is subject to change based on product availability</p> <p>In accordance with federal law and U.S.D.A policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.</p>	