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A variety of milk options including milk alternatives are available.
ALL Breakfast Meals include Fresh Fruit or 100% Fruit Juice & Milk. Cereal is available as an option.

2-hr Delay Breakfast
Cereal, Fresh Fruit, Cheese Stick or Yogurt, & Milk

Lunch Meals include a Fruit, Fruit Dessert, or Fruit Juice & Milk.
Middle/High School Optional Salad Bar will be served: Mondays-Wednesday.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Middle/High School Lunch will include an optional Salad Bar Tuesday-Thursday with a wide variety of fresh ingredients. Options may include: Vegetables: Lettuce, tomato, carrots, cucumber, sprouts, corn, & peas Proteins: Chicken, ham, pepperoni, or eggs, Cottage Cheese or Shredded Cheese Beans: Red beans, black beans, or garbanzo beans Grains: Croutons or crackers Extras: Sunflower seeds, jalapeños, pickles, & banana peppers Dressings: A variety of choices are available.</p>					<p>Breakfast & Lunch</p>	
<p>3</p> <p>Submit your Feedback</p>	<p>4</p> <p>Breakfast Apple Turnover, Cheese Stick, Orange, & Milk Optional: Cereal</p> <p>Lunch Corn Dog, Coleslaw, Tater Tots, Applesauce & Milk Condiments Mustards, Ketchup</p>	<p>5</p> <p>Breakfast Breakfast Tacos (flour tortilla) w/Egg, Cheese, Turkey Bacon, & Hashbrown, Apple, & Milk. Optional: Hot Sauce</p> <p>Lunch Baked Chicken, Mashed Potatoes, Green Beans, Roll, Mandarin Oranges, & Milk Optional: Hot Sauce</p>	<p>6</p> <p>Breakfast Breakfast Fruit Smoothie, Toast, Cheese Stick, Orange, & Milk Optional: Butter, & Fruit Jam</p> <p>Lunch Beef & Pinto Bean w/Red Chile Frito Pie, Lettuce & Tomato Mix, Pineapple Creamsicle Dessert & Milk. Optional: Jalapenos, Cheese & Sour Cream</p>	<p>7</p> <p>Breakfast Toasted English Muffin, Sausage Patty, GoGurt, Grapes, & Milk Optional: Butter, Jam</p> <p>Lunch Green Chicken Enchiladas, Beans, Side Salad, Roll, Apple Crisp, & Milk Optional: Sour Cream</p>	<p>8</p> <p>Breakfast Homemade Breakfast Muffin w/Banana, Carrot, & Raisins, Cheese Stick, Fresh Fruit & Milk</p> <p>Lunch Pepperoni Pizza, Side Salad w/Lettuce, Tomato, & Carrot Mix, Frozen Fruit Cup, & Milk Condiments: Dressing Variety</p>	<p>9</p> <p>SSO Breakfast & Lunch Program June 1 - June 26 Breakfast 7:15-8:30 AM Lunch 10:30-11:30 AM</p> <p>Meals for All Children Ages 7-18</p>
<p>10</p>	<p>11</p> <p>Breakfast Danish Cheese Stick, Fruit Juice, & Milk Optional: Cereal</p> <p>Lunch Hot Dog, Potato Salad, Chips, Applesauce, & Milk Optional: Mustard, Relish, Ketchup</p>	<p>12</p> <p>Breakfast Scrambled Eggs w/Cheese, Hashbrown, Tortilla, Fruit Juice, & Milk Optional: Hot Sauce, Ketchup</p> <p>Lunch Taqitos, Rice, Lettuce, Tomato, Cucumber, Carrot Mix, Mandarin Oranges & Milk Optional: Avocado, Cheese, Salsa, Jalapenos, Sour Cream</p>	<p>13</p> <p>Breakfast Yogurt Bowl w/frozen fruit, Cheese Stick, Banana, & Milk Optional: Cereal</p> <p>Lunch Nachos, Beans, Side Salad, Pineapple Cake, & Milk. Optional: Jalapenos, Sour Cream</p>	<p>14</p> <p>Breakfast Bagel, Sausage Links, Cheese Stick, Grapes, & Milk Optional: Cream Cheese, Jam, Butter</p> <p>Lunch Red Enchiladas, Hominy, Side Salad, Fruit Cocktail, & Milk</p>	<p>15</p> <p>Breakfast Banana Bread, Cheese Stick, Fresh Fruit & Milk Optional: Butter</p> <p>Lunch Chicken Strips, Fries, Side Salad, Roll, Fruit Cup, & Milk Optional: Tartar Sauce, Ketchup, Hot Sauce</p>	<p>16</p> <p>Pecos ISD Nutrition Website</p>
<p>17</p> <p>Baccalaureate</p>	<p>18</p> <p>Breakfast Breakfast Fruit Smoothie, Cheese Stick, Banana, & Milk Optional: Cereal</p> <p>Lunch Pizza, Side Salad w/Lettuce, Tomato, & Carrot Mix, Hot Cinnamon Apples, & Milk Condiments: Dressing Variety Optional: Cheese Pizza</p>	<p>19</p> <p>Breakfast Sausage, Potato & Egg Breakfast Bowl, Toast, Apple, & Milk Optional: Butter, Jam, Hot Sauce, Ketchup</p> <p>Lunch Chicken Wings, Mashed Potatoes, Green Beans, Mandarin Oranges, & Milk</p>	<p>20</p> <p>Breakfast Breakfast Tacos w/Egg, Cheese Stick, Orange, & Milk Optional: Butter, Fruit Jam, Cinnamon, Raisins</p> <p>Lunch Hamburgers, w/Cheese, Lettuce & Tomato, Sidekicks, & Milk. Condiments: Mustard, Mayonnaise, Ketchup</p> <p>PES Field Day</p>	<p>21</p> <p>Breakfast & Lunch</p>	<p>22</p> <p>Breakfast & Lunch</p> <p>CHEF'S CHOICE Graduation</p>	<p>23</p> <p>SUMMER LITERACY CAMP June 1 - June 26</p>
<p>24</p> <p>May</p> <p>May is the month when flowers grow nearby Hungry caterpillars eat and eat and become butterfly!</p> <p>On Memorial Day Weekend, we wear red, white and blue We celebrate America and have a barbecue!</p>	<p>25</p> <p>No School MEMORIAL DAY MAY 25, 2022</p>	<p>26</p> <p>Breakfast & Lunch</p>	<p>27</p> <p>Breakfast & Lunch</p>	<p>28</p> <p>Breakfast & Lunch</p> <p>HAPPY LAST DAY OF SCHOOL</p> <p>CHEF'S CHOICE</p>	<p>29</p> <p>CONGRATULATIONS LAST WORKING DAY</p> <p>Work day for teachers and staff.</p>	<p>30</p> <p>Have a safe, fun, and healthy summer from Pecos ISD!</p>

Pecos ISD Nutrition Department Contact: Phone: (505)657-1627 or email: mdaves@pecos.k12.nm.us Website

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