



February

2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Every meal includes a variety of milk options including milk alternatives.</p> <p>Breakfast Meals include Fresh Fruit or 100% Fruit Juice & Milk Cereal may be available as a Breakfast Option.</p> <p>2-hr Delay Breakfast Assorted Cereal, Fresh Fruit, Cheese Stick or Yogurt, & Milk</p> <p>Lunch Meals include a Fruit, Fruit Dessert, or Fruit Juice & Milk. Salads/Salad Bar may be available as a Lunch alternative.</p>			<p>We would ❤️ to hear your feedback.</p> 	<p>Middle/High School Breakfast will consist of the menu entree and may include continental items such as oatmeal /cream of wheat, potatoes, eggs, cereal, ham/sausage, yogurt/cheese stick, assorted pastries, etc.</p>		
2	3	4	5	6	7	8
	<p>Breakfast Pancakes on a Stick, Cheese Stick, Fresh Fruit & Milk</p> <p>Lunch Chicken Alfredo, Salad, Garlic Bread, Applesauce, Carrot Cake & Milk</p> <p>Optional: Salad Dressing Carrot Cake Day!</p>	<p>Breakfast Assorted Fruit Bars, Yogurt, Fresh Fruit, & Milk</p> <p>Lunch Beef & Bean Frito Pie w/Cheese, Lettuce & Tomato Mix, Fruit Dessert, & Milk</p> <p>National Heroes Day</p>	<p>Breakfast Biscuit & Gravy, Cheese Stick, Fresh Fruit & Milk</p> <p>Lunch Pizza, Celery & Carrot Sticks, Apple Cobbler, & Milk Optional: Ranch Dressing</p> <p>40th Day Ice Cream Celebration!</p>	<p>Breakfast Sausage & Egg, English Muffin, Cheese Stick, Fresh Fruit, & Milk</p> <p>Lunch Grilled Chicken, Rice, Steamed Broccoli, Fruit Dessert, & Milk Optional: Sweet & Sour Sauce</p> <p>Chopsticks Day!</p>	<p>Breakfast Banana Bread, Cheese Stick, Fresh Fruit & Milk.</p> <p>Lunch Chicken Noodle Soup w/ Vegetables, Crackers, Fruit Dessert & Milk Condiments: Hot Sauce</p>	<p>February 3 - 7</p> <p>Thank you Mrs. Espinoza, Mrs. Guzman Distlehorst, & Mrs. Ortiz</p> <p>NATIONAL SCHOOL COUNSELOR WEEK</p>
9	10	11	12	13	14	15
<p>H is for Heart</p> 	<p>Breakfast Waffles, Sausage Links, Fresh Fruit & Milk.</p> <p>Lunch Pulled Pork, Baked Potato, Broccoli w/Cheese, Applesauce, & Milk Optional: Green Onions, Jalapenos, Butter, & Sour Cream</p>	<p>Breakfast Breakfast Pizza, Fresh Fruit & Milk</p> <p>Lunch Bean Burrito, Posole, Side Salad, Peaches & Cream, & Milk</p> <p>Optional: Cheese, Red Chile, & Sour Cream</p>	<p>Breakfast Bagels, Cheese Stick, Fresh Fruit & Milk Optional: Cream Cheese, Butter, Fruit Jam</p> <p>Lunch Hamburgers, Lettuce, Tomato, Sweet Potato Fries, Oat Pear Crisp, & Milk Optional: Cheese & Pickles, Ketchup, Mustard</p> <p>National Boss's Day!</p>	<p>Breakfast Egg, Potatoes, & Cheese Burrito, Fresh Fruit, Milk Optional: Hot Sauce, Salsa</p> <p>Lunch Chicken Strips w/Gravy, Roll, Mashed Potatoes, Green Beans, Strawberry & Kiwi Dessert Cup, & Milk</p>	<p>Breakfast Yogurt Parfait w/Mixed Berries, Granola, Cheese Stick, & Milk</p> <p>Lunch Posole w/Pulled Pork & Red Chile, Shredded Cabbage, Crackers, Strawberry Shortcake, Fresh Fruit & Milk.</p> <p>Valentine's Day!</p>	<p>V is for Valentine</p> 
16	17	18	19	20	21	22
<p>For Updates, News, Menu Changes, etc. access our Nutrition Menu</p> 	<p>No School</p> 	<p>Breakfast Egg & Cheese Biscuit, Fresh Fruit & Milk</p> <p>Lunch Green Chile Chicken Enchiladas, Street Corn, Side Salad, Fruit Dessert, & Milk</p> <p>Condiment: Ranch</p>	<p>Breakfast Sweet Rice, Cheese Stick, Fresh Fruit, & Milk Optional: Salsa</p> <p>Lunch Corn Dogs, Tater Tots, Side Salad, Spiced Apple Cake, & Milk</p> <p>Condiments: Ranch, Mustard, Mayonnaise, & Ketchup</p>	<p>Breakfast Sausage Biscuit, Fresh Fruit, & Milk</p> <p>Lunch Super Nachos, w/Beans & Beef, Lettuce & Tomato, Mixed Berries over Pound Cake, & Milk</p> <p>Optional: Jalapenos</p>	<p>Breakfast Cinnamon Rolls, Cheese Stick, Fresh Fruit, & Milk</p> <p>Lunch NM Chili Bowl, w/Cornbread, Salad, Fruit Dessert, & Milk</p> <p>Optional: Sour Cream, Jalapenos, Cheese</p>	<p>School Bus Driver Appreciation Day!</p> 
23	24	25	26	27	28	
<p>LOVE IS patient LOVE IS kind</p>	<p>Breakfast Oatmeal Bars, Yogurt, Fresh Fruit & Milk</p> <p>Lunch Sloppy Joe, Coleslaw, Graham Crackers, Fruit Dessert, & Milk</p>	<p>Breakfast Breakfast Burrito w/Sausage, Potatoes & Cheese, Fresh Fruit & Milk</p> <p>Lunch Pizza, Side Salad, Fruit Dessert, & Milk</p> <p>Optional: Salad Dressings</p>	<p>Breakfast & Lunch</p>  <p>Early Dismissal 2:00</p>	<p>Breakfast Eggs on Toast, Sausage Links, Cheese Stick, Fresh Fruit, & Milk.</p> <p>Lunch New Mexican Shepherd's Pie w/Beef, Mashed Potatoes & Corn, Fruit Dessert, & Milk Optional: Cheese & Red Chile</p>	<p>Breakfast Pancakes, Cheese Stick, Fresh Fruit, & Milk</p> <p>Lunch Grilled Ham & Cheese, Tomato Soup, Carrot & Celery Stick Mix, Fruit Dessert, & Milk</p> <p>National Pancake Day!</p>	<p>THE SECRET INGREDIENT IS LOVE</p> 
<p>In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Pecos ISD Nutrition Department Contact: Phone: (505)657-1627 or email: mdaves@pecos.k12.nm.us</p>						
			Grilled Ham & Cheese, Tomato Soup, Carrot & C			