



www.pecos.k12.nm.us



A variety of milk options including milk alternatives are available.

All Breakfast Meals include Fresh Fruit or 100% Fruit Juice & Milk.
Yogurt & Cereal may be available as an option.

2-hr Delay Breakfast
Cereal, Fresh Fruit, Cheese Stick or Yogurt, & Milk

Lunch Meals include a Fruit, Fruit Dessert, or Fruit Juice & Milk.

Meal options are available for students with vegetarian, dairy-restricted, and religious dietary needs. Contact the Nutrition Department for a Meal Accommodation Request Form.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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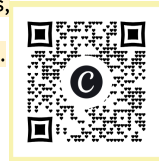
To protect the health and safety of our students, certain fresh produce items may be temporarily unavailable due to supplier quality concerns, food safety advisories, or supply chain disruptions. As a result, the salad bar will be unavailable until further notice. Appropriate substitutions will be made to ensure all meals continue to meet USDA meal pattern requirements while maintaining the highest standards of food quality and safety.



First day of School Monday, August 10.

STAY UP TO DATE
with Changes, News, Pictures,
Recipes, & more on our
Pecos ISD Nutrition Website.

Adult Breakfast
\$3.00
Adult Lunch
\$5.00



Read a book in
honor of



Have a great
School Year!



"Tomorrow is the
first day of school.
Get plenty of
sleep tonight!"

Breakfast
Breakfast Combo Bar, Toast,
Apple, & Milk
Condiments: Hot Sauce
Optional: Yogurt

Lunch
Cheeseburgers, Pickles, Tater
Tots, Mixed Berry Pound Cake,
Juice, & Milk.
Condiments: Ketchup,
Mustard, Mayonnaise
Optional: Hamburger or
Cheese Sandwich

Breakfast
Breakfast Taco: Flour Tortilla
w/Egg, Potatoes, Sausage, &
Cheese. Orange, & Milk
Condiments: Ketchup, Hot
Sauce
Optional: Cereal

Lunch
Spaghetti w/Meat Sauce,
Green Beans, Garlic Bread,
Pineapple Orange Creamsicle
Dessert, & Milk
Optional: Spaghetti w/o Meat

Breakfast
Yogurt Bowl w/Blueberries,
Cheese Stick, Granola, Juice, &
Milk
Optional: Cereal

Lunch
Beef & Pinto Bean Frito Pie
w/Cheese, Corn, Sour Cream,
Mandarin Oranges, & Milk.
Optional: Meatless Frito Pie

Every meal includes
a variety of milk
options including
milk alternatives.

Breakfast
English Muffin, Sausage Patty,
Grapes, & Milk
Condiments: Butter, Jam
Optional: Yogurt

Lunch
Green Chicken Enchiladas,
Calabacitas, Roll, Fruit
Cocktail, & Milk
Optional: Cheese Enchiladas

Breakfast
Homemade Oatmeal Muffin,
Cheese Stick, Apple, & Milk
Optional: Cereal

Lunch
Hot Dog, Pork n' Beans, Chips,
Applesauce, & Milk
Condiments: Mustard,
Ketchup, Relish

KINDNESS
is a gift
THAT EVERYONE
can afford to give.



Submit your
feedback!

Breakfast
Breakfast Pizza, Apple, & Milk
Condiments: Hot Sauce
Optional: Yogurt

Lunch
Chicken Fingers, Corn, Fries,
Roll, Mixed Berry Applesauce
& Milk
Condiments: BBQ, Ketchup, &
Hot Sauce

Breakfast
Potato & Egg Casserole,
w/Cheese, Tortilla, Orange, &
Milk
Condiments: Hot Sauce,
Ketchup
Optional: Cereal

Lunch
Salisbury Steak, Mashed
Potatoes, Mixed Vegetables,
Roll, Banana Pudding & Milk
Condiments: Hot Sauce

Breakfast
Yogurt Parfait
w/Strawberries, Granola,
Cheese Stick, Juice, & Milk
Optional: Cereal

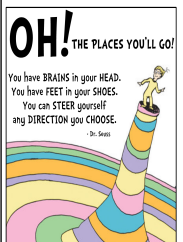
Lunch
Super Nachos w/Ground Beef,
Pinto Beans on the side,
Mandarin Oranges & Milk
Condiments: Salsa, Jalapenos,
Sour Cream
Optional: Meatless Nachos

Breakfast
Biscuit & Gravy w/Sausage
Crumbles, Grapes, & Milk
Condiments: Hot Sauce
Optional: Yogurt

Lunch
Chicken Fajitas w/Bell
Peppers & Onion Mix, WG
Flour Tortilla, Corn, Fruit
Cocktail, & Milk
Condiments: Salsa, Jalapenos,
Sour Cream

Breakfast
Banana Bread, Cheese Stick,
Apple & Milk
Optional: Cereal

Lunch
Sloppy Joe Sandwich, Pickles,
Potato Salad, Chips,
Applesauce, & Milk



Breakfast
Pancake on a Stick, Apple, &
Milk
Optional: Yogurt

Lunch
Pepperoni Pizza, Celery &
Carrot Mix, Cinnamon Apples,
& Milk
Condiments: Dressing Variety
Optional: Cheese Pizza

Breakfast
Sausage Links, Scrambled
Eggs, Hashbrown, Orange, &
Milk
Condiments: Hot Sauce,
Ketchup
Optional: Cereal

Lunch
Pulled Pork, Baked Potato,
Broccoli & Cheese, Peach
Crisp, & Milk
Condiments: Hot Sauce

Breakfast
Rise & Shine Mixed Berry Oat
Smoothie, Cheese Stick, Juice,
& Milk
Optional: Cereal

Lunch
Taqitos, Pinto Beans, Rice,
Mandarin Oranges, & Milk.
Condiments: Avocado,
Jalapenos, & Sour Cream

Breakfast
Bagel w/Cream Cheese,
Sprouts & Turkey Bacon,
Grapes, & Milk
Optional: Yogurt

Lunch
Red Chicken Enchiladas,
Hominy, Side Salad, Fruit
Cocktail, & Milk
Optional: Cheese Enchiladas

Breakfast
Maple Baked French Toast,
Cheese Stick, Apple & Milk

Lunch
Sack Lunch w/Ham & Cheese
Sandwich, Carrots, Chips,
Applesauce, & Milk
Condiments: Mustard,
Ketchup, Mayonnaise
Optional: Cheese Sandwich



Welcome Back!

NM Grown Spotlight: Fresh Local Sprouts from Bamboo Farms

Pecos ISD Nutrition Department Contact: Phone: (505)657-1627 or email: mdaves@pecos.k12.nm.us Website

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